

The Alaska Skijoring & Pulk Association's 2nd Annual Dryland race is September 26, 2009!

VOLUNTEER NEEDS: Please consider volunteering! We need a starter and 2 timers for the race or it WILL NOT HAPPEN!! We also need help cleaning up afterwards. Handlers, photographers, and trail sweepers are a plus. If you can volunteer please email Sara Elzey at skijorex2@hotmail.com . Thank you!

RACE FEES: Race fees will be \$10 for ASPA members, \$15 for non-ASPA members who pre-register. **To pre-register:** send skier name, distance/class(s) racing and names of the dogs to Sara Elzey at skijorex2@hotmail.com *by 5pm Wednesday, September 24th*. Race fees to register on the day of the race will be \$15 for ASPA members, \$20 for non-ASPA members. Registration will open at 9:15am and close at 9:45.

The Format for the Dryland Race is:

Class #1: Canicross or "Run-joring:"

There will be 3 distances. Runners may compete with 1 or 2 dogs. There will be no differentiation by number of dogs. The short distance course will be two miles. The medium distance course will be four miles. The long distance course will be six miles. There will be a mass start of all runners at 10am.

Class #2: "Bike-joring:"

Bikers may compete with 1 or 2 dogs. There will be no differentiation by number of dogs. Helmets will be required for all human participants. The short distance course will be three miles. The long distance course will be six miles. The Bike-joring class will start at approximately 10:15am, with long distance racers going out first then short distance racers. There will be 1 minute start intervals with no break between distances. Start order will be determined by random draw.

Class #3: Cart Racing:

There will two distances; three miles using up to 4 dogs and six miles using up to 8 dogs. Helmets will be required for all human participants. The cart class will start at approximately 10:30 am or one minute after the last bike-jorer goes out. The long distance racers will go out first followed by the short distance racers. There will be 1 minute start intervals with no break between groups. Start order will be determined by random draw.

AWARDS: There will be a few randomly drawn prizes for all participants and volunteers, and goodie bags for everyone. Results will be sent to the Fairbanks

Daily News Miner for publication and will appear in ASPA's monthly newsletter, *Paw Prints & Ski Tracks*.

TRAIL: The start/finish area will be on the Chena Lake Flood plain on the east side of the dike at the parking area (same location as last year). *All classes will use the same trail.* The trail is very wide and flat but be prepared for lots of passing. The course is out and back, 3 miles long at the longest point. It will be marked at one mile intervals. Racers will race out to the half-way distance for their particular class than turn around and race back. For example; the 4-mile running class will race to the 2 mile marker, turn around and race back to the start/finish. The trail map is available on the ASPA website (www.sleddog.org/skijor).

RACE and TRAIL ETTIQUETTE and RULES:

Before/after the race and in the parking lot, start/finish areas:

- Each participant is responsible for his/her dog(s). This includes before and after the event as well as during the event. We cannot guarantee a handler for the start/finish area and the starter and timers will NOT be able to help handle dogs. If you need a handler to help you to the start line, please bring our own. Flying starts will not be allowed.
- Helmets are required for humans in the bike-joring and cart classes.
- Necklines are highly recommended for 2 dogs running side by side.
- Gang lines should not be so long that you cannot quickly gain control of your dog(s) during a passing situation.
- No Nippy dogs.
- No loose dogs.
- Pick up all dog poop in the parking and start/finish areas and haul out.
- Take your dog(s) away from the finish area immediately so other teams have room to finish.
- All participants and volunteers should meet after the last finisher to swap stories and to pass out prizes.

Passing Rules:

- To pass: Yell "trail" well in advance of needing to pass to give the racer ahead of you time to collect their dogs and move to the side of the trail. Go to the same side of the trail as your dog(s) to go on by.
- Being Passed: Reel in your dog(s) and stay on the same side of the trail as your dog(s). You may stop, but you don't need to. Hold your dog back for 5-10 seconds to let the Passer get a bit ahead before you give "chase".
- Head on passes: the racer with the most dogs has the right of way.

GOOD LUCK!!!

Sara Elzey, Andy Warwick
2009 Dryland Race Directors